

# PROGRAM SUBOTA | 30.05.2026.

od 10:00h - 16:00h  
Zrinjevac, Zagreb

**10:00** SLUŽBENO OTVORENJE SUMMITA | OFFICIAL SUMMIT OPENING

## PANEL RASPRAVE

**10:20** **Istina o debljini | The truth about weight**  
Petra Kejla, Ana Soldo, Petra Meliš, Natko Beck  
*powered by Novo Nordisk*

**10:55** **Korak bliže zdravlju**  
Lora Vidović, Natko Beck  
*powered by grad Zagreb*

**11:50** **Srce i bubreg, zaljubljeni par | Kidney me softly**  
Borka Pezo, Natko Beck  
*powered by Boehringer Ingelheim*

**12:15** **Što nam govori želudac? | Gut feeling**  
Pave Markoš, Tajana Beck  
*powered by Hood*

**12:35** **Jede li nas stres? Prehrana za burnout | Stres eats first**  
Sandra Krstev Barać, Petar Štefanić  
*powered by Hood*

**12:50** **Svaki dim ostavlja trag | Every puff leaves a mark**  
Radovan Zrilić, Natko Beck  
*powered by Poliklinika za bolesti dišnog sustava*

**13:45** **Kviz zdravlja Dr. Beck | Koža bez filtera | Skin beyond filters**  
*powered by Poliklinika Sinteza*

**14:15** **Kviz zdravlja | Sunce pod povećalom | Here comes the sun - Dr. Beck**  
*powered by Avene*

**14:30** **Kako kvalitetnije spavati? | Sleep reset**  
Alen Juginović, Petar Štefanić  
*powered by Hood*

**15:10** **Najčešći kradljivci vida | Glaukom, mrena i staračka dalekovidnost  
Protecting your vision**  
Luka Bilić, Natko Beck  
*powered by Bilić Vision*

**15:30** **Dugovječnost bez mitova | Longevity lab**  
Jeannette Gjurić, Mario Franolić, Petar Štefanić  
*powered by Hood*

**10:00 - 16:00** **PUNKTOVI ZDRAVLJA | BESPLATNI PREGLEDI**

**Empathy corner**  
*powered by Novo Nordisk*

**Mjerenje gustoće kostiju**  
*powered by Sandoz*

**Mjerenje očnog tlaka, testiranje vida**  
*powered by Bilić vision*

**Pregled madeža**  
*powered by Poliklinika Sinteza i Poliklinika Bagatin*

**Alergološka testiranja i savjetovanja**  
*powered by Specijalna bolnica za plućne bolesti*

**Spirometrija**  
*powered by Poliklinika za bolesti dišnog sustava*

**UZV štitnjače i karotida**  
*powered by Hood*

**Centar zdravog spavanja**  
*powered by Bauerfeind*

**Pokaži srce**  
*powered by Poliklinika Vaš Pregled*

**Off the record | Speakers' corner**  
*powered by Back together*

**13:15 - 14:00** **Pauza za ručak | Lunch Break**  
*\*tijekom pauze za ručak pregledi se ne održavaju*

# PROGRAM NEDJELJA | 31.05.2026.

od 10:00h - 16:00h  
Zrinjevac, Zagreb

## PANEL RASPRAVE

- 10:00** **Tišina između notifikacija | Connected but lonely**  
Darko Marčinko, Petar Štefanić  
*powered by RBA leasing*
- 10:40** **Odnosi koji štite: zašto je povezanost važna za mentalno zdravlje djece i mladih | The Power of Connection**  
Romina Ivančić Maćešić, Petar Štefanić  
*powered by Poliklinika za zaštitu djece i mladih*
- 11:05** **Ubrzani život, usporeni metabolizam | Metabolism under pressure**  
Ivan Pećin, Natko Beck  
*powered by Lov na tihog ubojicu*
- 11:40** **Placebo i nocebo: psihologija iscjeljenja i oporavka**  
**The power of placebo and nocebo**  
Goran Ivkić, Natko Beck  
*powered by Hood*
- 13:15** **Mala škola Bontona | Small school of good manners**  
*powered by Bontonista*
- 14:00** **ADHD: Trend ili stvarna dijagnoza? | Brain in overdrive**  
Andrea Ražić Pavičić, Natko Beck  
*powered by RBA leasing*
- 14:35** **Suvremene tehnologije za kontrolu dijabetesa**  
**New technologies for diabetes control**  
Igor Maksimović, Natko Beck  
*powered by Bauerfeind*
- 14:45** **Kad trening postane pritisak | Too much of a good thing**  
Sebastijan Orlić, Natko Beck  
*powered by Hood*
- 15:00** **Između karijere, djece i sebe | A tko brine o mami?**  
**Mothers in Survival Mode**  
Ana Čerenšek, Maša Zibar, Petra Brzović  
*powered by Hood*
- 16:00** **Završetak šestog Back Together summita**

10:00 - 16:00

## PUNKTOVI ZDRAVLJA | BESPLATNI PREGLEDI

### Empathy corner

*powered by Novo Nordisk*

### Mjerenje gustoće kostiju

*powered by Sandoz*

### Šećer, masnoće, tlak

*powered by Lov na tihog ubojicu*

### Igraonica vida za djecu

*powered by Poliklinika Sabol*

### UZV štitnjače i karotida

*powered by Hood*

### Centar zdravog spavanja

*powered by Bauerfeind*

### Savjetovanja za djecu i mlade

*powered by Poliklinika za zaštitu djece i mladih*

### Pokaži srce

*powered by Poliklinika Vaš Pregled*

### Off the record | Speakers' corner

*powered by Back together*

12:15 - 13:00

### Pauza za ručak | Lunch Break

*\*tijekom pauze za ručak pregledi se ne održavaju*